

STL TV Program Guide MAY 2023

*Boxes filled in orange are regular air times that show is not airing this week.

Programs	MON	TUE	WED	THU	FRI	SAT	SUN
The Block	8:30 AM	8:30 AM	8:30 AM	8:30 AM	8:30 AM	8:30 AM	8:30 AM
	2:00 PM	2:00 PM	2:00 PM	2:00 PM	2:00 PM	2:00 PM	2:00 PM
	7:30 PM	7:30 PM	7:30 PM	7:30 PM	7:30 PM	7:30 PM	7:30 PM
Board of Aldermen Meeting (Orange, NOT IN SESSION)	2:00 AM	2:00 AM	2:00 AM	2:00 AM	2:00 AM	2:00 AM	2:00 AM
	10:00 AM	10:00 AM	10:00 AM	10:00 AM	10:00 AM	10:00 AM	10:00 AM
	4:00 PM	4:00 PM	4:00 PM	4:00 PM	4:00 PM	4:00 PM	4:00 PM
	10:00 PM	10:00 PM	10:00 PM	10:00 PM	10:00 PM	10:00 PM	10:00 PM
BOA Committee Meetings (Orange, NOT IN SESSION)	3:00 AM	3:00 AM	3:00 AM	3:00 AM	3:00 AM	3:00 AM	3:00 AM
	9:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM
	1:00 PM	1:00 PM	1:00 PM	1:00 PM	1:00 PM	1:00 PM	1:00 PM
CITY CORNER							
<i>Juneenth/ Laumeier Park Art Fair (Potter)</i>	8:00 AM	5:30 PM			8:00 AM	5:30 PM	8:30 PM
<i>Counterpublic 2023 (Potter)</i>	5:30 PM	8:30 PM	8:30 PM		5:30 PM	8:30 PM	
<i>River Boat Captain/ Benton Park Exhibit (Blackstock)</i>	8:30 PM		8:00 AM	5:30 PM	8:30 PM		8:00 AM
<i>COCA (Thompson)</i>		8:00 AM	5:30 PM	8:00 AM		8:00 AM	5:30 PM
COMMUNITY CALENDAR	12:00 AM	12:00 AM	12:00 AM	12:00 AM	12:00 AM	12:00 AM	12:00 AM
	7:00 AM	7:00 AM	7:00 AM	7:00 AM	7:00 AM	7:00 AM	7:00 AM
	12:00 PM	12:00 PM	12:00 PM	12:00 PM	12:00 PM	12:00 PM	12:00 PM
EN BREVE: Hispanic Chamber of Commerce	6:00 AM	12:30 PM	5:00 PM	5:30 AM	5:30 AM	5:00 AM	5:30 AM
	11:30 PM	6:30 PM			11:00 PM	3:30 PM	
THE DAILY MIX	11:00 AM	11:00 AM	11:00 AM	11:00 AM	11:00 AM	11:00 AM	11:00 AM
	2:30 PM	2:30 PM	2:30 PM	2:30 PM	2:30 PM	2:30 PM	2:30 PM
	9:30 PM	9:30 PM	9:30 PM	9:30 PM	9:30 PM	9:30 PM	9:30 PM
GET FIT STL	6:30 AM	6:30 AM	6:30 AM	6:30 AM	6:30 AM	6:30 AM	6:30 AM
	6:00 PM	6:00 PM	6:00 PM	6:00 PM		6:00 PM	6:00 PM
IN THE KITCHEN							
Casa Don Alfonso	8:00 PM	8:00 PM	11:30 AM	11:30 AM	5:00 AM		11:30 AM
Anthonino's Taverna		11:00 PM	8:00 PM	9:00 PM	4:00 AM	11:30 AM	9:00 PM
IN YOUR WARD:							
INSIDE SPORTS: Opening Day 2023	5:30 AM	7:30 AM	4:30 AM	7:30 AM	7:30 AM	4:30 AM	4:00 AM
	5:00 PM	9:00 PM			5:00 PM	3:00 PM	7:00 PM
THE ISSUES: Health and Fitness	10:30 AM	4:30 AM	7:30 AM	6:00 AM	6:00 AM	7:30 AM	6:00 AM
	6:30 PM	3:00 PM		8:30 PM		5:00 PM	8:00 PM
LET'S TALK: Episode 50	4:00 AM	7:00 PM		5:00 PM	11:30 AM	6:00 AM	7:30 AM
	7:00 PM		9:00 PM	11:00 PM	9:00 PM		6:30 PM
SHOW ME THE MUSIC: Trophy Mules, Mike REAL	7:30 AM	4:00 AM	4:00 AM	5:00 AM	8:00 PM	5:30 AM	
	9:00 PM	3:30 PM		8:00 PM		9:00 PM	11:00 PM
#ThrowbackThursday - Flashback w/ STLTV							
SPECIAL COMMUNITY COVERAGE							
	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>SAT</i>	<i>SUN</i>
<i>Darryl "DMC" McDaniels</i>			5:00 AM	3:00 PM	12:30 PM	3:30 PM	12:30 PM
<i>Eco Justice Action Fund Press Conference (30)</i>	4:30 AM		7:00 PM		3:30 PM	12:30 PM	11:30 PM
<i>Firefighter Service K-9 Balko's Memorial Service (30)</i>		12:30 PM			3:00 PM	7:00 PM	5:00 PM
					7:00 PM		
<i>Fueling Innovation Episode 4 (30)</i>	11:00 PM	6:00 AM		11:30 PM	4:30 AM		5:00 AM
<i>GreaterHealth Ribbon Cutting (60)</i>			3:00 PM				3:00 PM
<i>Hebert Homes Groundbreaking (30)</i>	12:30 PM	5:00 PM		5:00 PM			
<i>Lady's First: Women Empowering Women (30)</i>	5:00 AM		6:30 PM		11:30 PM	6:30 PM	
<i>Police Chief 100 Days (30)</i>	11:30 AM	11:30 PM	12:30 PM	6:30 PM		4:00 AM	
<i>State of the City Address (60)</i>	3:00 PM	5:00 AM	11:00 PM	4:00 AM		11:00 PM	