

STL TV Program Guide MARCH 2023

*Boxes filled in orange are regular air times that show is not airing this week.

Programs	MON	TUE	WED	THU	FRI	SAT	SUN
The Block	8:30 AM	8:30 AM	8:30 AM	8:30 AM	8:30 AM	8:30 AM	8:30 AM
	2:00 PM	2:00 PM	2:00 PM	2:00 PM	2:00 PM	2:00 PM	2:00 PM
	7:30 PM	7:30 PM	7:30 PM	7:30 PM	7:30 PM	7:30 PM	7:30 PM
Board of Aldermen Meeting (Orange, NOT IN SESSION)	2:00 AM	2:00 AM	2:00 AM	2:00 AM	2:00 AM	2:00 AM	2:00 AM
	10:00 AM	10:00 AM	10:00 AM	10:00 AM	10:00 AM	10:00 AM	10:00 AM
	4:00 PM	4:00 PM	4:00 PM	4:00 PM	4:00 PM	4:00 PM	4:00 PM
	10:00 PM	10:00 PM	10:00 PM	10:00 PM	10:00 PM	10:00 PM	10:00 PM
BOA Committee Meetings (Orange, NOT IN SESSION)	3:00 AM	3:00 AM	3:00 AM	3:00 AM	3:00 AM	3:00 AM	3:00 AM
	9:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM
	1:00 PM	1:00 PM	1:00 PM	1:00 PM	1:00 PM	1:00 PM	1:00 PM
CITY CORNER							
<i>St. Louis Coffee (Potter)</i>	8:00 AM	5:30 PM			8:00 AM	5:30 PM	8:30 PM
<i>Upcoming Arts Events (Potter)</i>	5:30 PM	8:30 PM	8:30 PM		5:30 PM	8:30 PM	
<i>Community Impact Westport Playhouse (Blackstock)</i>	8:30 PM		8:00 AM	5:30 PM	8:30 PM		8:00 AM
<i>Honeymoon Chocolate (Thompson)</i>		8:00 AM	5:30 PM	8:00 AM		8:00 AM	5:30 PM
COMMUNITY CALENDAR							
	12:00 AM	12:00 AM	12:00 AM	12:00 AM	12:00 AM	12:00 AM	12:00 AM
	7:00 AM	7:00 AM	7:00 AM	7:00 AM	7:00 AM	7:00 AM	7:00 AM
	12:00 PM	12:00 PM	12:00 PM	12:00 PM	12:00 PM	12:00 PM	12:00 PM
EN BREVE: Hispanic Chamber of Commerce	6:00 AM	12:30 PM	5:00 PM	5:30 AM	5:30 AM	5:00 AM	5:30 AM
	11:30 PM	6:30 PM	11:00 PM		11:00 PM	3:30 PM	
THE DAILY MIX	11:00 AM	11:00 AM	11:00 AM	11:00 AM	11:00 AM	11:00 AM	11:00 AM
	2:30 PM	2:30 PM	2:30 PM	2:30 PM	2:30 PM	2:30 PM	2:30 PM
	9:30 PM	9:30 PM	9:30 PM	9:30 PM	9:30 PM	9:30 PM	9:30 PM
GET FIT STL	6:30 AM	6:30 AM	6:30 AM	6:30 AM	6:30 AM	6:30 AM	6:30 AM
	6:00 PM	6:00 PM	6:00 PM	6:00 PM	6:00 PM	6:00 PM	6:00 PM
IN THE KITCHEN							
Goey Louie	8:00 PM	8:00 PM	11:30 AM	11:30 AM	5:00 AM		11:30 AM
Bulrush STL		11:00 PM	8:00 PM	9:00 PM	4:00 AM	11:30 AM	9:00 PM
IN YOUR WARD:							
INSIDE SPORTS: Hidden Valley Ski Resort	5:30 AM	7:30 AM	4:30 AM	7:30 AM	7:30 AM	4:30 AM	4:00 AM
	5:00 PM	9:00 PM			5:00 PM	3:00 PM	7:00 PM
THE ISSUES: Alzheimer's and Dementia	10:30 AM	4:30 AM	7:30 AM	6:00 AM	6:00 AM	7:30 AM	6:00 AM
	6:30 PM	3:00 PM	3:30 PM	8:30 PM		5:00 PM	8:00 PM
LET'S TALK: Episode 47	4:00 AM	7:00 PM	6:00 AM	5:00 PM	11:30 AM	6:00 AM	7:30 AM
	7:00 PM		9:00 PM	11:00 PM	9:00 PM		6:30 PM
SHOW ME THE MUSIC: Trophy Mules, Mike REAL	7:30 AM	4:00 AM	4:00 AM	5:00 AM	8:00 PM	5:30 AM	
	9:00 PM	3:30 PM		8:00 PM		9:00 PM	11:00 PM
#ThrowbackThursday - Flashback w/ STLTV							
Press Conferences	12:30 PM	12:30 PM	12:30 PM	12:30 PM	12:30 PM	12:30 PM	12:30 PM
	SPECIAL COMMUNITY COVERAGE						
	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>SAT</i>	<i>SUN</i>
<i>CITY Flavor (60)</i>	4:30 AM					11:00 PM	
<i>Demetrious Johnson Memorial Service (60)</i>	1:00 PM		6:30 PM	3:00 PM	6:30 PM		3:00 PM
<i>Fueling Innovation Episode 4 (30)</i>	11:00 PM	6:00 AM	3:00 PM	11:30 PM	4:30 AM		11:30 PM
<i>Kwanzaa Forever Stamp (60)</i>			5:00 AM				4:30 AM
<i>Martin Luther King Day (30)</i>	11:30 AM	12:30 PM	11:30 PM		11:30 PM	3:30 PM	5:00 PM
		5:00 PM					
<i>Northside Economic Empowerment Center (30)</i>	3:00 PM	5:00 AM	1:00 PM	4:00 AM			
<i>Opposition to Tax Abatement (30)</i>							
<i>Rosati-Kain HS to Re-Open as Rosati-Kain Academy (30)</i>							
<i>St. Louis CITY SC & UMSL Partnership (30)</i>	3:30 PM	5:30 AM		4:30 AM		4:00 AM	
		11:30 PM		12:30 PM			
<i>State of the State 2023, Gov. Parson (60)</i>				6:30 PM	3:00 PM	6:30 PM	3:00 PM