

STL TV Program Guide SEPTEMBER 2021

*Boxes filled in orange are regular air times that show is not airing this week.

Programs	MON	TUE	WED	THU	FRI	SAT	SUN
THE BLOCK	8:30 AM	8:30 AM	8:30 AM	8:30 AM	8:30 AM	8:30 AM	8:30 AM
	6:30 PM	6:30 PM	6:30 PM	6:30 PM	6:30 PM	6:30 PM	6:30 PM
Board of Aldermen Meeting - not in session	2:00 AM	2:00 AM	2:00 AM	2:00 AM	2:00 AM	2:00 AM	2:00 AM
BOA Committee Meetings - not in session	3:00 AM	3:00 AM	3:00 AM	3:00 AM	3:00 AM	3:00 AM	3:00 AM
CITY CORNER							
<i>Healthy Planet/Circus Harmony (Potter)</i>	8:00 AM	5:30 PM			8:00 AM	5:30 PM	8:30 PM
<i>Mound City Chronicle (Potter)</i>	5:30 PM	8:30 PM	8:30 PM		5:30 PM	8:30 PM	
<i>Mary Meachum (Thompson)</i>	8:30 PM		8:00 AM	5:30 PM	8:30 PM		8:00 AM
<i>Mayor Jones 1st 100 Days (Boyce)</i>		8:00 AM	5:30 PM	8:00 AM		8:00 AM	5:30 PM
CLOSE UP							
COMMUNITY CALENDAR	12:00 AM	12:00 AM	12:00 AM	12:00 AM	12:00 AM	12:00 AM	12:00 AM
	7:00 AM	7:00 AM	7:00 AM	7:00 AM	7:00 AM	7:00 AM	7:00 AM
	12:00 PM	12:00 PM	12:00 PM	12:00 PM	12:00 PM	12:00 PM	12:00 PM
DEVELOPMENT STL							
EN BREVE - Pride Month We Power STL Part 2	6:00 AM	6:00 AM	6:00 AM	6:00 AM	6:00 AM	6:00 AM	6:00 AM
		3:30 PM	5:00 PM		3:30 PM	3:30 PM	
THE DAILY MIX	11:00 AM	11:00 AM	11:00 AM	11:00 AM	11:00 AM	11:00 AM	11:00 AM
	2:30 PM	2:30 PM	2:30 PM	2:30 PM	2:30 PM	2:30 PM	2:30 PM
	9:30 PM	9:30 PM	9:30 PM		9:30 PM	9:30 PM	9:30 PM
IN THE KITCHEN							
Gourmet Soul	11:30 AM	8:00 PM	7:30 AM	11:00 PM	5:00 PM	9:00 PM	11:30 AM
		1:30 PM					
Vails Brothers Restaurant / Home Edition: One-Pot Nacho Lasagna	4:00 AM	11:30 PM		11:30 AM		7:30 AM	9:00 PM
The Rice House					4:00 AM		11:30 PM
9 Mile Garden & Essentially Fries	11:30 PM		4:00 AM				
THE ISSUES: Why Black Lives Matter	5:00 AM	5:00 AM	5:00 AM	5:00 AM	5:00 AM	5:00 AM	5:00 AM
	6:00 PM	3:00 PM	3:00 PM		3:00 PM	3:00 PM	5:00 PM
IN YOUR WARD							
INSIDE SPORTS: Herb Simmons & Ron Zetcher	7:30 AM	11:30 AM	4:30 AM	7:30 AM	11:30 AM	10:00 AM	4:00 AM
	5:00 PM	9:00 PM	8:00 PM	11:30 PM	9:00 PM		7:30 AM
	9:00 PM			1:30 PM			
IT'S YOUR MONEY							
LET'S TALK	4:30 AM	7:00 PM	10:30 AM	4:30 PM	8:00 PM	4:30 AM	6:00 PM
	10:30 AM		7:00 PM			10:30 AM	
	7:00 PM					5:00 PM	
SHOW ME THE MUSIC:							
Ryan Cheney / Praise 365	10:00 AM	2:30 AM	3:30 AM	2:30 AM	3:30 AM	2:30 AM	3:30 AM
	11:00 PM	7:30 PM	11:30 AM		11:30 PM	8:00 PM	11:00 PM
						1:30 PM	
e.philly / Futrell	3:30 AM	7:30 AM	10:00 AM		7:30 AM		8:00 PM
			9:00 PM				
GET FIT STL							
Whole Peace Journey					6:00 PM		5:30 AM
Vitality Bowls	5:30 AM					6:00 PM	
CH Fitness #2		5:30 AM					
Studio Rue			5:30 AM				
Mindset Fitness		6:00 PM		5:30 AM			
BMK Boot Camp					5:30 AM		
Title Boxing			6:00 PM			5:30 AM	
#ThrowbackThursday - Flashback with STLTv				6-10pm			
SPECIAL COMMUNITY COVERAGE							
	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>SAT</i>	<i>SUN</i>
<i>City Update with Mayor Jones (Bi-weekly)</i>	12:30 PM	12:30 PM	12:30 PM	12:30 PM	12:30 PM	12:30 PM	12:30 PM
<i>The City's Readiness to Resettle Afghan Families</i>	3:00 AM	2:00 AM	3:00 AM	2:00 AM	3:00 AM	2:00 AM	3:00 AM
	9:00 AM	1:00 PM	9:00 AM	1:00 PM	9:00 AM	1:00 PM	9:00 AM
		10:00 PM			4:00 PM		10:00 PM
<i>COVID-19 Updates, Press Conferences and Pandemic Task Force</i>	6:30 AM	2:00 PM	6:30 AM	2:00 PM			6:30 AM
<i>COVID-19 Programming: Ask Dr. Echols, What to Expect When..., Legal Services and more</i>	2:00 PM			6:30 AM	2:00 PM	6:30 AM	2:00 PM
<i>Delmar Main Street Initiative</i>	2:00 AM	3:00 AM	2:00 AM	3:00 AM	2:00 AM	3:00 AM	2:00 AM
	1:00 PM	9:00 AM	1:00 PM	9:00 AM	1:00 PM	9:00 AM	1:00 PM
<i>Freedom Suits Memorial Ground Breaking/ The Hard to Guard Me 3v3 Basketball Tourney</i>	3:00 PM	4:00 PM	11:00 PM	4:00 AM	10:00 AM	7:00 PM	10:00 AM
<i>Fueling Innovation</i>	8:00 PM	5:00 PM	7:30 PM	10:30 PM	4:30 AM	4:00 AM	10:30 PM
		10:30 PM			4:30 PM	4:30 PM	
<i>Hispanic Scholarship Alliance</i>	10:00 PM	10:00 AM	4:00 PM	3:00 PM	10:00 PM	11:00 PM	7:00 PM
<i>Push Podcast: Season 2, Episode 7</i>	9:30 AM	11:00 PM	9:30 AM	4:00 PM	9:30 AM	11:30 AM	4:30 AM
	7:30 PM		3:30 PM	10:00 PM	11:00 PM	4:00 PM	9:30 AM
<i>St. Louis City & County Mask Mandate</i>		6:30 AM	2:00 PM		6:30 AM	2:00 PM	
<i>Secretary of Labor Marty Walsh Roundtable</i>	4:00 PM	4:00 AM	10:00 PM	10:00 AM	7:00 PM	10:00 PM	3:00 PM